

Recommended Reading to Improve Your Mental and Visual Skills

BJ McDaniel
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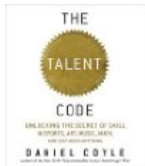
**Break 'em All: The Complete Guide to Fixing
Clay Target Shooting Problems** by BJ McDaniel & Mark Taylor



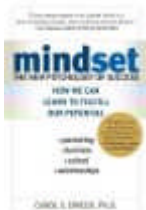
Clay Target Shooting: The Mental Game by Mark
H. Taylor



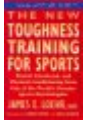
MIND GYM by Gary Mack and David Casstevens



**The Talent Code: Greatness Isn't Born. It's
Grown. Here's How.** by Daniel Coyle



Mindset: The New Psychology of Success by
Carol S. Dweck



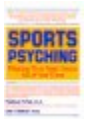
**The New Toughness Training for Sports:
Mental Emotional Physical Conditioning from 1
World's Premier Sports Psychologists** by James E. Loehr



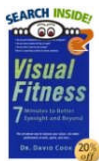
**In Pursuit of Excellence: How to Win in Sport
and Life Through Mental Training** by Terry Orick



**Mental Training for Peak Performance: Top
Athletes Reveal the Mind Exercises They Use to
Excel** by Steven Ungerleider



Sports Psyching by Thomas Tutko



**Visual Fitness: 7 Minutes to Better Eyesight
and Beyond** by David Cook



Sports Vision: Training for Better Performance
by Thomas A. Wilson & Jeff Falkel



An Insight to Sports: Featuring Trapshooting and Golf by Dr. Wayne F. Martin